

Lunya

Catalonian Deli
Restaurant & Bar

Lunchtime Tapas Menu

2 tapas for **£9.95** or 3 Tapas for **£13.95**

(available Sunday to Friday 12noon - 5pm, special events excepted)

Cold Tapas

Patatas allioli – potato salad tossed in allioli, drizzled with olive oil (v a)

Patatas pil pil – new potatoes with chilli, garlic & olive oil dressing (v)

Cabrales blue cheese and Asturian cider pâté served on mini pastry cases (g m)

Manchego & membrillo – semi-curado Manchego cheese with Catalan quince jelly (m v)

Escalivada – roasted vegetables with Bim's spicy African Romesco sauce on sourdough (v g a)

Flame roasted Piquillo pepper **hummus** with Spanish breadsticks (v g)

Tortilla – Spanish omelette (served at room temperature) (v a)

Russian salad – mixed vegetables in mayo – the classic tapas bar dish (v a)

Lunya house salad with egg, tuna, mixed leaves and olives (available without tuna and egg) (v a)

Marisco salad – Medley of prawns, crab sticks, cornichons and spring onion in mayo (g a)

Piquillo pepper stuffed with Bonito tuna, creamed cheese, parsley and cornichons (m a)

Plate of 18 month cured Trevélez **Serrano ham**

Plate of **mixed cured meats** (chorizo, lomo & salchichón) (m)

Catalan country pork pâté, apricot chutney & sourdough Rysps (g m a)

Hot Tapas

Patatas bravas – crispy fried potatoes with spicy tomato sauce and allioli (v a)

Padron peppers – fried baby green peppers from Galicia with sea salt (v)

Chickpea, roast butternut squash & apricot stew (v n a)

Woodland mushrooms, asparagus & Serrano ham (available without the Serrano ham) (v)

Catalan Hotpot with Morcilla and Chorizo (g m a)

Pollo al Moro – slow-cooked chicken in a lemon and Moroccan spiced sauce (a)

Croquetas - ask your server for this week's flavour (g m a)

Morcilla rolled in cornflakes, deep fried and served with an orange and honey syrup and pomegranate molasses (g m a)

Albóndigas – home-made pork & beef meatballs in a tomato sauce (a)

Chorizo - pan fried with white wine & Fennel seeds

Calamari a la romana – in beer batter with allioli (g m a)

Seafood Fideuà in a squid ink noodle paella (g a)

Gambas a la plancha – shell-on king prawns, dressed with fried chilli & garlic (a)

(£2.50 supplement)

Crispy chicken – our signature chicken strips (inspired by Albert Adrià) coated in broken tortilla chips with our special seasoning & our Catalan Dip (£1.50 supplement) (g m a)

Mejillones en escabeche – mussels with alubias beans in a Fino enfused broth (a)
(£1.50 supplement)

Pan fried duck breast – vanilla infused pear, raspberry sauce (£2 supplement) (a)



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Lunchtime Sandwich Menu

(available Sunday to Friday 12noon - 5pm, special events excepted)

Hot or cold deli sandwich & home-made chips **£9.95**

*Choose from our fabulous range of hot & cold sandwiches below; all made with our stunning ingredients from the deli counter. All of our sandwiches are served with a side salad garnish and with a choice of granary bread or soft bread roll. **g m***

Grilled **lomo y queso** (pimentón marinated Ibérico pork loin with melted cheese) **m**

Grilled chorizo, rocket and Piquillo pepper

Maynard's award winning **treacle cured bacon** from Shropshire

Meatball & melted Ibérico cheese **m**

Grilled Morcilla (Spanish black pudding) with roasted Piquillo Pepper **g m**

Butifarra (Catalan pork sausage), fig & cinnamon relish

Deep fried crispy chicken & Catalan dip **g a**

Coronation chicken – shredded chicken breast in curry mayo **a**

BLT – crispy Spanish panceta, lettuce, tomato & mayo **a**

Ibérico Bellota Jamón (£2 supplement)

Grilled Montgomery Cheddar cheese and red onion marmalade **m**

Choice of meats: Serrano ham, Lomo, Chorizo or Salchichón, **m**

Tuna mayo mixed with celery, peppers & red onion **a**

Marisco salad (a medley of prawns, surimi crabsticks, mayo and parsley) **g a**

Manchego (the classic Spanish cheese), membrillo (quince jelly) **v m**

Tortilla de patatas and home-made allioli **v a**

Grilled **Mediterranean vegetables** & Piquillo pepper hummus **v a**

We carry a stock of Genius bread and can do all our sandwiches on Gluten Free bread
Our full a la carte menu is also available.

Food Allergies & Intolerances: Please tell your server immediately if anyone in your party has a food allergy or intolerance. We label our menus with the three most common allergens

g Gluten, **m** Milk, **n** Nuts and **v** Vegetarian. **a** indicates that other allergens are also present. Please refer to our full allergen matrix sheet for details.

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